

## After- School Exploratories at MATES!

We're thrilled be back at MATES for the Spring Trimester of outdoor fun! Check out these two exploratories we are offering through Growing Outdoors!

### Thursday Kinder Club

(1:50pm - 2:45pm)

Coach Russell is so excited to be running Kinder Club! He has been working with kids for over 18 years. Kinder Klub focuses on popular games, sports, and camp activities every Thursday. We will work on some basic skill development, talk about the general rules, then play several rounds of games. The activities will be tailored to the motor-skill development and hand-eye coordination capacities of kindergarteners. This ensures that all students feel safe and have fun!

### Thursday Sports Club - Grades 1 - 5

(2:55pm - 3:55pm)

Coach Russell is back at MATES! He is the founder of Kids in Motion LLC! We will play a new sport or game out on the playground every Thursday. Sportsmanship and teamwork will be emphasized and age-appropriate rule structures will be utilized to ensure the safety of all students. A game or sport will be introduced and then we will do some skill development and learn about the general rules as well. Then, we will play several great rounds of games!

For More information and Online Registration:

[www.growingoutdoors.com/mates](http://www.growingoutdoors.com/mates)