



Activity #3:

Snowball Battle!

Fun, Strategy, Teamwork, Communication

(Preparation: 1 minute / Activity Time: As long as you like!)

What Will You Need?

Clean Socks!

Battle Area Boundaries (limit to one room, or the whole house!)

Battle Physical Boundaries (only aim for the body or legs, try to avoid the head and face!)

Instructions:

Each “snowball” is made of two socks and nothing else! Hard objects are not allowed in the snowball, because that would hurt! Stuff one sock inside of the other, and then fold the outer sock over until you have a soft, ball-like shape.

Next, set your boundaries! Where will the game be played?

Rules:

1. The Goal is to have fun and try to avoid being hit by the snowballs
2. If you are hit by a snowball, a “consequence” applies!

Suggestions:

- Give someone in your family a compliment before rejoining the game
 - Sing the Happy Birthday song all the way through before rejoining the game
 - Do 5 jumping jacks before rejoining the game
 - Do a lap around your couch as your favorite animal (stomping like a T-Rex, slithering like a snake, walking like a cat, etc.) before rejoining the game
3. Teams are allowed!
 4. Aim for the body or legs, try to avoid hitting the heads and faces of your opponents
 5. Designate one or two ADULTS as the referee(s) - the referee is the one who makes the final decision on any disputes.
 6. HAVE FUN!