



PLAY

LACROSSE

at Red Oak Elementary

**CRADLE
CATCH
SHOOT**



WE BRING THE SPORT TO YOU!

TGA's action-packed lacrosse program is perfect for beginners and more experienced players to build their skills and have a blast learning about the game in a safe environment with no-contact rules.

- We provide all equipment
- Professionally trained and background-checked coaches
- Discover valuable life lessons
- Learn sport rules and etiquette
- Explore academic concepts including STEAM through lacrosse
- Returning students will learn and practice more advanced skills

SCIENCE

TECHNOLOGY

ENGINEERING

ART

MATH



**RESEARCH SHOWS
ACTIVE KIDS HAVE:**

- **IMPROVED GRADES AND TEST SCORES**
- **INCREASED SELF-ESTEEM**
- **BOOSTED CONCENTRATION**
- **BETTER PHYSICAL HEALTH**

**According to The Aspen Institute Project Play*

COME PLAY WITH TGA!

Session	Grades	Start/End Time	Day of Week	Classes
Lacrosse	1 - 3	2:35pm -3:35pm	Thursday	6 Weeks
Lacrosse	4 - 5	3:00pm - 4:00pm	Thursday	6 Weeks

Go to "growingoutdoors.com" for more information, pricing, and online registration

For more information contact: Branden Kornmaier at bkornmaier@playtga.com or (805)-405-5801

SEE OUR PROGRAMS IN ACTION AND SIGN UP TODAY!
www.growingoutdoors.com

KEEP PLAYING!®