



at MATES

Dance teaches children to:

- Improve strength and flexibility
- Recognize movement progressions
- Learn stage direction
- Improve memorization skills
- Develop choreography patterns
- Enhance confidence and self-image

When: Thursday

Time:

Kindergarten: 1:30-2:30

1st-5th Grade: 2:55-3:55



Meeting Place: To Be Determined

SIGN UP TODAY!

- Dance movement & Hip Hop
- A dynamic certified dance instructor
- 9 weeks of dance classes
- Showcase on the last date (03/03)
- Prizes awarded to all students
- Exclusive Sky High Dance Shirt



Visit
www.GrowingOutdoors.com
to Sign Up!