



## at MATES

Dance teaches children to:

- **Improve strength and flexibility**
- **Recognize movement progressions**
- **Learn stage direction**
- **Improve memorization skills**
- **Develop choreography patterns**
- **Enhance confidence and self-image**

When: Monday

Time:

Kindergarten - 1:40 PM - 2:35 PM  
1st - 5th Grade - 2:55 PM - 3:55 PM



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### SIGN UP TODAY!

- Dance movement & Hip Hop
- A dynamic certified dance instructor
- 9 weeks of dance classes
- Showcase on the last date (05/15)
- Prizes awarded to all students
- Exclusive Sky High Dance Shirt

Please visit  
[www.growingoutdoors.com/mate](http://www.growingoutdoors.com/mate)  
for dates, pricing, and  
information on how to register



For more information please contact us at:

Office: 818-850-1114

Email: [info@skyhighdance.com](mailto:info@skyhighdance.com)



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