

presents:

## **PLAYGROUND POWER**

## WITH COACH BEN

September 9 - November 4 (9 *classes*)

## **MONDAYS**

K-3RD GRADE

2:15 PM- 3:15 PM

4TH & 5TH GRADE

2:45 PM- 3:45 PM

Our class will take your child away from the screens and onto the playground. Participants will exercise, have fun, learn fundamental skills of each game, social skills, teamwork and sportsmanship.



## **REGISTER ONLINE:**

www.growingoutdoors.com





**GAMES INCLUDE:** 

DODGEBALL, SOCCER, KICKBALL, CAPTURE THE FLAG

WHITE OAK ELEMENTARY